CATERING MENU

Frank's Deli Catering

Peninsula University Hospital, 2 Hastings Road, Frankston VIC 3199

0428 485 534 | catering@frfg.com.au | Delivery and pick up

Breakfast

Egg and Bacon Roll Egg, bacon and cheese	$9.50
Vegetarian English Muffin Egg, spinach, mushroom, relish and cheese	$7.50
Breakfast Chia Pudding (GF, Vegan) Mango and almond, or mixed berry and pistachio	$8.50
Mini Assorted Sweet Croissants Chocolate and almond	$6.50
Gourmet Fresh Fruit Cup Seasonal fruit, cut into pieces	$8.00
Individual Mini Breakfast Cups	$5.00
Breakfast Package Mini savoury croissant, bircher cup and fruit cup	$20.00

Breakfast Platters

Toasted Breakfast Platter, serves 12 Bacon and egg muffins, bacon and egg roti wraps, ham and cheese croissants	$95.00
Vegetarian Breakfast Platter, serves 14 Cheese and tomato croissants, vegetarian mini frittatas, egg and cheese muffins	$80.00

Morning and Afternoon Tea

Housemade Scones With raspberry jam and cream	$6.00
Traditional Chocolate Lamingtons	$6.00
Mini Baked Fruit Danishes Cherry, apricot and spiced apple	$6.00
Assorted Slices (GF), cut into bites Brownie, salted caramel, peanut caramel	$7.00
Assorted Half Slices (GF)	$3.50
Raw Balls (Vegan, GF) Chocolate or peanut butter. Contains nuts	$5.00
Assorted Quiche Lorraine or vegetarian	$3.50
Roasted Vegetable Frittata With tomato relish. GF option	$6.00
Morning or Afternoon Tea Package Two sweet items and fruit platter	$17.50

Lunch

Point Style Sandwiches Executive sandwiches cut into points	$10.50
Swiss Cobb Gourmet Sandwiches Swiss bread with gourmet fillings	$13.00
Gourmet Half Pita Wrap	$8.00
Executive Sandwich and Roll Combination Sandwich fingers, mini gourmet rolls and point sandwich	$22.00
Vegan Sandwich and Wrap Combination	$20.00
Dairy Free Sandwich and Half Wrap	$20.00
Individual Lunch Box (Vegan)	$25.00
Shared Lunch Package 3 Mini wrap, sandwich point and mini baguette, three finger food items, fruit platter	$30.90
Shared Lunch Package 4 Mini wrap, mini bagel and mini baguette, salad and sweets platter	$32.90

Platters

Executive Ploughman's Platter Gourmet cheeses and cold meats, quince paste, nuts, pickled vegetables	$15.90
Dips Platter (GF, Vegan) Vegan, gluten free dips with crudites and toasted bread	$11.90

Salads

Individual Mixed Garden Salad	$15.50
Individual Brown Rice and Pumpkin Salad Spinach, roast pumpkin, feta, walnuts. Vegetarian, GF	$15.50
Mixed Garden Salad, medium	$90.00
Brown Rice and Pumpkin Salad, medium Vegetarian, GF	$90.00
Greek Salad, large Tomato, feta, olives, cucumber, red onion. Vegetarian, GF	$130.00

* Hot gourmet items and rice paper rolls must be ordered 48 hours before the function, by 1pm.
Prices include GST, are per item or per person unless stated, and may change. Dietary options available.

Gourmet Cold Finger Food

Pumpkin, Caramelised Onion and Goats Cheese Tarts With pinenuts	$5.00
Vietnamese Rice Paper Rolls (GF)* With nuoc cham dipping sauce	$5.00
Gourmet Uramaki Sushi Vegetarian, vegan and GF options	$4.50
Gourmet Nigiri Selection	$5.50
Assorted Sushi Rolls Vegan and GF options	$5.00
Chumaki Sushi Vegetarian options available	$3.50
Potato Rosti With salmon, cream cheese, dill and aioli	$5.00
Mini Mushroom Ragu and Fontina Tartlet	$5.00

Hot Gourmet Range*

Beef and Burgundy Pies With tomato relish	$5.00
Housemade Gourmet Sausage Rolls With tomato relish	$5.00
Housemade Mini Pizza Vegetarian options	$4.90
Steamed Bao Bun, Crumbed Chicken Asian salad and chilli mayo	$7.50
Steamed Bao Bun, Prawn Tempura Mixed salad and chilli mayo	$7.90
Mini Brioche Beef Burger Cheese, mustard and relish. Vegetarian options	$6.90
Mini Pulled Beef Brioche Roll BBQ sauce and coleslaw	$6.90
Tempura Prawn Brioche Roll Cos lettuce, avocado, sweet chilli mayo	$7.50
Satay Chicken Skewers	$6.50
Teriyaki Chicken Skewers	$6.50

Hot Finger Food

Vegetarian Arancini Balls	$4.00
Falafel Balls with Hummus (GF)	$3.50

Beverages

Tea and Coffee Package, per session Gourmet tea, percolated coffee, hot water urn and milk	$4.00
Assorted Juice 375ml	$4.50
Apple Juice 375ml	$5.00
Mt Franklin Sparkling Water 490ml	$5.00
Orange or Apple Juice 2L	$9.00
Assorted Soft Drinks 1.25L	$9.00
Sparkling Mineral Water 1.25L	$9.00

How to order

Call 0428 485 534
Email catering@frfg.com.au
Delivery and pick up available
Order hot items 48 hours ahead, by 1pm
Ideal for offices, medical practices, meetings and events across Frankston and the Mornington Peninsula

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