

BREAKFAST

- TOAST - \$6**
White, wholemeal or multigrain, sourdough
2 slices With butter and jam vegemite or peanut butter, Nutella, honey
- GOURMET FRUIT TOAST - \$7**
2 Slices served with butter
- YOGURT & GRANOLA - \$14**
Granola, vanilla yogurt with berries compote, drizzled maple syrup
- EGG BACON ROLL - \$15**
2 Fried eggs, bacon, cheese in buttered focaccia bread
- BREKKY FLATBREAD - \$17**
Mozzarella cheese, mushroom, prosciutto (cured ham) egg, tomato, red onion, shredded parmesan & olive oil
- BLT - \$15**
Bacon, lettuce, tomato and aioli in toasted Turkish bread
- EGGS ON TOAST - \$12.50**
Eggs cooked your way on sourdough bread
- EGGS ON HASH - \$19**
Two poached eggs on hashbrowns topped with bacon, smashed avocado & fetta and grilled tomato
- HASHBROWN BUN - \$16**
Cheeseomelette, bacon, hashbrown & hollandaise sauce
- HASHBROWN STACKS - \$17**
Hash browns topped with egg, bacon, sour cream, red onion & shredded parmesan
- SMASHED AVOCADO - \$16 (Add Bacon \$3)**
With fetta, tomatoes, sprinkled with olive oil, oregano, dried thyme, toasted seeds (sunflower, pumpkin and sesame) on sourdough bread (Add Bacon \$3)
- CHILLI EGGS - \$16**
Scrambled eggs folded in red chilli, spring onions and fetta cheese on sourdough bread
- EGGS BENEDICT - \$17 (Add Bacon instead Ham \$3)**
Poached eggs and ham served on English muffin topped with hollandaise sauce



- EGGS FLORENTINE - \$17**
Poached eggs with spinach, red onion served on English muffin topped with hollandaise sauce
- SALMON EGGS - \$18**
Poached eggs with smoked salmon, spinach on sourdough topped with hollandaise sauce
- BREKKY FRITTERS - \$19**
Pumpkin, spinach, fetta and corn fritters, served with bacon, smashed avocado, poached eggs and balsamic glaze
- VEGGIES AND FETTA - \$17**
Mushrooms, red onion, tomatoes, spinach, basil pesto, oregano, fetta and grated beetroot served with toasted sourdough bread
- BIG BREKKY - \$21**
Eggs your way served with bacon, mushroom, grilled tomato, pork sausage, and hashbrowns on slice of sourdough
- VEGGIE BREKKY - \$20**
Eggs your way served with mushrooms, grilled tomato, spinach, avocado and Hash browns, Baked beans on slice of sourdough
- BREKKY BURGER - \$18**
Fried egg, bacon, avocado, caramelised onion, rocket & tomato relish served on brioche bun with side of hash browns
- CHEESE BACON FRENCH TOAST - \$18.50**
2 Slices brioche bread in egg mix, pan fried with tasty cheese, bacon, hollandaise sauce and parmesan cheese
- CLASSIC FRENCH TOAST - \$18**
2 slices brioche bread in egg mix, served with mix berry compote and maple syrup
- OMELETTES**
- VEGGIE OMELETTE - \$18**
Eggs, mushrooms, spinach, red onion, fetta and fresh tomato with slice of sourdough
- HAM, CHEESE, TOMATO - \$17**
Omelette served with sourdough toast

- TOSCANINIS OMLETTE - \$19**
Eggs, spring onions, garlic, spinach, tomato, olives, grilled red capsicum, fetta and mozzarella with slice of sourdough
- BACON MUSHROOM CHEESE - \$18**
Omelette served with sourdough toast
- SOMETHING SWEETER**
- NUTELLA/STRAWBERRY CROISSANT - \$10**
Toasted croissant, Nutella spread, strawberries with icing sugar
- BELGIAN WAFFLES - \$17**
With fresh strawberries, banana, chocolate sauce, served with vanilla ice cream.
Choice of Topping: Maple syrup or Nutella
- NUTELLA PANCAKES - \$18**
3 stack pancakes with Nutella, seasonal berries, chocolate sauce & side of vanilla ice cream
- MAPLE PANCAKES - \$18**
3 stack pancakes with maple syrup, seasonal berries and side of vanilla icecream
- CANADIAN PANCAKES - \$20**
3 stack pancakes with maple syrup, crispy bacon and caramelised banana and side of vanilla ice cream
- BREAKFAST EXTRAS**
- GRILLED TOMATO, 1 EGG (SCRAMBLED, POACHED OR FRIED) FETTA - \$2 EACH**
- GLUTEN FREE BREAD, HASH BROWN, HOLLANDAISE SAUCE, TOMATO RELISH \$3 EACH**
- MUSHROOM, SAUSAGE, SPINACH, ROCKET, 2 EGGS (SCRAMBLES, POACHED OR FRIED) AVOCADO, BAKED BEANS - \$4 EACH**
- BACON, SMOKED SALMON, HALLOUMIŞ - \$5 EACH**
- EXTRA SPREADS, DIPPING SAUCES - \$1 EACH**



KIDS MENU

- MINI TOASTIES - \$6.50**
Cheese/Cheese vegemite/ham cheese
- KIDS BREKKY - \$11**
One scrambled egg, bacon, hashbrown on one slice of toast
- KIDS PANCAKE - \$10**
Two stack pancake with strawberries and side of ice cream
- Topping Choice:** Plain, Nutella or maple syrup
- DINOSAUR CHICKEN NUGGETS & CHIPS - \$10**
4 Dino nuggets with chips and tomato sauce
- KIDS WAFFLE - \$10**
One Belgian waffle with strawberries and banana with side of icecream
- Topping Choice:** Nutella or Maple syrup
- MINI HOT DOG - \$10**
Served with chips and tomato sauce
- KIDS CALAMARI - \$10**
Panko calamari rings served with chips & tomato sauce
- KIDS FISH - \$11**
Mini coated fish strips served with chips & tomato sauce
- KIDS PASTA - \$10**
With Napoli sauce, topped with parmesan cheese (Add Bolognese) - \$3

LUNCH

- VEGGIE BURGER - \$20**
Veggie patty with lettuce, kale slaw, tomato sweet chilli sauce, grated beetroot, creamy mayo with chips
- HOUSE BURGER - \$19**
Beef patty, cheese, lettuce, tomato, red onion, aioli, bacon, fried egg, served with chips
- CHICKEN SCHNITZEL BURGER - \$19**
With mayo, lettuce, tomato, avocado & cheese, served with crunchy chips
- CHICKEN PARMIGIANA - \$22**
Chicken schnitzel topped with ham, Napoli sauce and cheese served with chips and salad
- VEGGIE STACK - \$18**
Pumpkin, spinach, fetta and corn fritters, avocado, topped with falafels, grated beetroot, grilled capsicums and balsamic glaze (Add Hallumi) - \$3



- SALT & PEPPER CALAMARI - \$22**
Served with salad, chips and aioli sauce
- FISH & CHIPS - \$21**
(Battered) with crunchy fat chips, garden salad & herb mayo
- WARM CHICKEN SALAD - \$18**
Lettuce, chicken, bacon, croutons, shredded parmesan in Caesar dressing
- CALAMARI SALAD - \$21**
flash fried calamari, salad leaves, cucumber, tomato, balsamic dressing and sesame seeds, finished with drizzle of balsamic glaze
- PESTO CHICKEN SALAD - \$19**
Grilled chicken tenders, mixed leaves, tomatoes, cucumber, red onion, avocado with basil pesto and aioli dressing
- FALAFAL QUINOA SALAD - \$17**
Mixed leaves, cucumber, walnuts, tri colour quinoa, roast pumpkin, sun-dried tomatoes, grated beetroot with balsamic dressing
- ROAST BEETROOT SALAD - \$18**
Spinach leaves, pumpkin, walnuts, red onion, tomato, herbed beetroot and fetta cheese with balsamic dressing

RISOTTO & PASTA

- CHOICE OF PENNE, SPAGETTI OR LINGUINI**
(All pastas are cooked in olive oil, garlic, Spanish onion base)
- PUMPKIN RISOTTO - \$18**
With semi-dried tomatoes, spinach, roasted pine nuts and cream topped with parmesan cheese (Add Chicken) - \$4
- BOLOGNESE - \$20**
Slowly braised rich beef mince and vegetables in red wine
- CHICKEN FUNGI RISOTTO OR PASTA - \$21**
Tender chicken breast, mushroom and spinach in a creamy sauce, topped with parmesan
- CARBONARA - \$21**
Bacon, mushroom, spring onion and egg in a cream sauce, topped with parmesan

FLATBREADS

- BREKKY - \$17**
Mozzarella cheese, mushroom, prosciutto (cured ham) egg, tomato, red onion, shredded parmesan & olive oil
- CAPRICCIOSA - \$16**
Mozzarella cheese, ham, tomato, olives, mushrooms & olive oil
- VEGGIE - \$17**
Mozzarella cheese, spinach, eggplant, capsicum, basil pesto, semi dried tomatoes, mushrooms & olive oil
- CHICKEN & BACON - \$18**
Mozzarella cheese, chicken, bacon, red onion, crumbled fetta & olive oil
- SALAMI, FETA & OLIVE - \$18**
Mozzarella cheese, salami, olives, capsicum, semi dried tomatoes, fetta, parmesan & red onion

- SALMON & SPINACH - \$19**
Mozzarella cheese, spinach, salmon, red onion, hollandaise & oregano
- SANDWICHES FOCACCIA & WRAPS - FROM \$15**
- SWEET CHILLI CHICKEN**
Spinach, kale slaw, cheese, avocado & sweet chilli sauce
- CHICKEN CAESAR**
Chicken, bacon, lettuce, mayo & parmesan
- CRUMBED CHICKEN**
Crumbed chicken, spinach, tomato, cheese & mayo
- SALMON AVOCADO**
Smoked salmon, avocado, spinach, kale slaw & red onion
- CHICKEN AVOCADO**
Chicken, cheese, avocado, mayo & spinach
- SALAMI & FETA**
Salami, olive spread, capsicum, fetta, red onion, spinach & eggplant
- VEGETARIAN**
Basil pesto, spinach, semidried tomato, capsicum eggplant & cheese
- SIDE ORDERS**
- SWEET POTATO WEDGES - \$11**
Spicy mayo & herbed mayo dipping sauces
- WEDGES - \$9.50**
Served with sour cream & sweet chilli sauce
- CRUNCHY FAT CHIPS - \$8.50**
Served with herbed mayo
- CHIPS - \$7.50**
With tomato sauce (Extra dipping sauces) -\$1 Each



**SHP 32/ 29-35 LAKE ST
CAROLINE SPRINGS, VIC,
AUSTRALIA 3023**

**VEGAN, VEGETARIAN AND GLUTEN FREE
MENU AVAILABLE ON REQUEST**



SMOOTHIES

- MANGO BANANA**
Mango, strawberries, banana, vanilla yogurt & mango nector
- CHOCOLATE BANANA**
With Milo, banana, honey, milk & vanilla ice cream
- MATCHA COCONUT**
Matcha green tea, vanilla ice cream, yogurt, banana, coconut milk
- DAIRY FREE SMOOTHIES**
- BIG 5**
Apple, pineapple, mango, kiwi & strawberry in apple juice
- PASH N SHOOT**
Passionfruit, pineapple & mango
- BERRY-GO-ROUND**
Blackberry, raspberry & strawberry in apple juice
- COCO LOCO**
Coconut, pineapple, mango, mint & lime in coconut water
- AVO GO GO**
Avocado, broccoli, spinach, mango, coconut & ginger in coconut water
- KALE KICK**
Kale, spinach, mango in coconut water

COLD BEVERAGES

- ICED LATTE** Coffee, ice cubes, milk
- ICED COFFEE** Coffee, ice, milk, vanilla ice-cream, whipped cream
- ICED MOCHA** Coffee, chocolate, milk, ice cream, whipped cream
- ICED CHOCOLATE** Chocolate sauce, milk, ice-cream, whipped cream & choc shavings
- ICED CHAI LATTE** Ice, milk, vanilla chai mix **(Add \$1)**
- ICED GINSENG LATTE** Coffee ginseng, milk, ice **(Add \$1)**
- VANILLA COFFEE FRAPPE** **-\$8.50**
Blended vanilla ice cream, coffee, ice, milk, topped with whipped cream and coffee syrup **(Mocha- Add \$1)**
- AFFOGATO** Coffee, side of ice cream **-\$5.00**
- FRESHLY SQUEEZED JUICES** **-\$7.50**

**REGULAR- \$6.90 LARGE- \$7.90
(ADD \$1 FOR OTHER MILK OPTIONS)**



-EACH \$8.5